

Hari Nam Singh

Healer, Teacher, Yogi

at Ra Ma Yoga Institute

October 4, 2014



Hari Nam Singh is coming to Ra Ma Yoga Institute to lead a three hour meditation & healing workshop: "Shuniya"

Healing in its highest practice encompasses body mind and spirit. How we are able to merge them into an effective healing event follows from an awareness of the interdependency of all things. Whether we are healing the self or others such awareness comes from consciousness that reduces any separation in our perception to zero. In that state of awareness the interdependencies themselves collapse into a unitary non-dualistic experience where our intention to heal meets no resistance. We call that state of awareness *Shuniya*. In this workshop we will practice healing exercises that engage the meditative mind in the tradition of Sat Nam Rasayan®. Participants will learn to use intention as the vehicle for healing.

Come with any level of experience and see how your awareness will grow.



Saturday, October 4, 2-5 PM
\$35 preregistered, \$40 day of
Ra Ma Yoga Institute



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