

It was purely my choice to teach you this course in a sense to prepare you, not to teach you in any way and let us see how it goes. For me it will be a pure experiment to see how much we can take it and how it works. For you it is a matter of joyfulness or sorrow, whatever the case may be. To work out the reasons. Yes. We do consider our success on the earth as an achievement. And all our relationships are based on that comfort, achievement and that flow. It is not true that at any moment of the time we can go above it. It is not true. But we will pretend normally as liars as we are. We don't mind, things are okay. You know. There is God. Everything is. But I know that is definitely a lie. Rich poor lie too much, poor lie all the time. Why I say that? I tell you why. Poor is poor. Right. Poor cannot accept that poverty is the gift of God. Can't. Moment the poor accepts that poverty is the gift of God, poverty goes away in one second. It doesn't take more than two seconds. Wherever God is attached, negative cannot live. That is the law. So a poor says I am poor by the will of God, God doesn't like it because God doesn't want to be related to anything negative. God has to make that person rich. There is no way out. It is God's problem. But no poor, no unhappy, no sick person. You know what I am saying. Am I saying something you don't understand or it is something new to you. What I am saying is when you are in that painful process, in trouble, you say, well you are not in the pain, you are not in the disease, you are not poor. So you do not know what the hell one has to go through. You follow what I mean and I tell you a little story. There was a very wonderful man and when he died the angel of death came and he said, "Come along." And he said, "Okay, thank you." He said, He started forcing him to move and he said, "Don't. I will go myself. Where you want me to go?" He said, "To the damn hell." He said, "Thank you." He said, "What do you mean. What are you talking about?" He said, "Nothing. You have come and you have asked me that I have to go to hell. Isn't that true?" He said, "Yes, I am very happy. Let's go." Now he didn't have ever an experience that somebody said go to hell and he said let us go. He said, "Wait a minute. You are willing to go to hell." He said, "Yes." "Why?" He said, "That is the will of God isn't of God isn't it?" He said, "Hold on. Stay where you are." So he went back and he said, "I got so and so, soul is with me. I have put it there pending stationary. I told him that he has to go to hell, he said lets go. It is not according to the rule book and he started walking faster than me and this guy looked at it and he said, "Yeah, he is supposed to go to hell. Put him in hell and finish the job. You have got to go somewhere else also." He said, "Okay." He came back. He said, "I tried to check it out. You have to go to hell." He said, "Let's go quick. What are you wasting your time. Let's go." He watched up the gate whether this man is visitor or not. He said, "Okay gate got open." He said, "Okay gate got open." He said, "Thank you, God bless you, be happy, be nice, bye." And the gate got closed. This angel, this death courier could not leave. He put his ear to the wall and watch it to know what. He saw calmness, quietness, peace, everything, tranquilized. He said, "Wait a minute." He looked at the top of the gate, he said, "Yeah, it is a hell. It is true." But what went wrong. He said, "Okay it doesn't matter, I have to go somewhere else to get somebody else. So he came back and he said, "What is my next assignment?" He said, "Sit down. I don't think we have any assignment at all." He said, "What is the matter?" He said, "You know what we have done. We have taken the most beloved of the God and put him in a hell." He said, "What is the matter? I told you, I cme specially." "That is what I am saying. We don't have a job." He said, "What happened?" He said, "God came and kicked us all in, and now he has said that I am going to prepare a special hell where you are all going to burn and he is mad like in hell. And he said, "What God wants." He said, "Well God wants to see him." He said, "Take me to God." He said, "Are you kidding. I went. God is a really angry. I have never seen him that angry." He said, "Don't worry. You have never been with that man and I was. So I have very special powers. But if God can love him God knows what I can do for him. Take me to the God." So this guy was this chief of death staff took him to the God and he said, "I have a request to make." He said, "What? Why are you again here?" He said, "No, no, no, come, come, come. I will be your servant, don't be bugging her. This is the guy." He said, "Who? Bring him in." He came in he said, "You took him to hell." He said, "Yes my Lord." "Why?" He said, "He wanted to." All he said is, "I want to visit hell on the hell on the way. I didn't know. I thought you love him so much so I took him there and he went voluntarily. You want me to bring back." He said, "Yeah." And he called the head haunch, he said, "You idiot, you can't even explain thing. You have gone too old." He said, "Yeah, I think I will just get the thing, situation under control." However they went to heaven, hell and they were shocked. It was more better than a heaven itself. So they told him, they said, "God want to see you and send you to heaven." He said, "What is this? This is heaven." And they said, "You are not coming with him?" He said, "Go and tell God to come and see it for himself. It is no more hell anymore." They told him, "We don't have the guts. We are already in trouble. For God's sake. For our job sake a special hell is being created for us and don't do it anymore. Enough is enough." He said, "No, either listen to me or do whatever you want. Go and tell God I am here and it is better than heaven and he should come and see. God has never seen what hell is." So they went and they told the Almighty God we have some message for you. He said, "What is it quick?" He said, "He wants you to come." He said, "He wants you to come." He said, "Let us. God started running and these guys running after." He said, "It was so easy, we could have told him before and matter would have ended." So God came into heaven and he saw. He said, "No, no, you did the right thing. You brought him to heaven. That is the heaven." They said, "No almighty Supreme Lord knower of all. This is the hell. Look at the door." He said, "Somebody must have done the April fool." That is how the man started doing the April fool. It is no good. In the beginning of the spring we make the April fool to tell you that God has the capacity to create the world again. We don't believe it. And actually the April, first of the

April is a month when it can tell you that you can rebirth yourself into consciousness and scrap up all that past garbage and leave it alone. Buddhist celebrate, Hindus, Muslims, Sikhs, Jains, all religion, one way or the other in the beginning of spring have some festival or something to work it out. It is just a reassurance that we who are created in the image of God can always start ourself. No, no, this is nothing. This is only telling you that this country is ruled by drugs. This is what they say, "Dan, dan, dan, dan." All that that is what it says. (Helicopter is flying over.) This is what it says. Just a few blocks from here you can't even go across that road. That is Beverly Hills supply line. It is called Cadillac. So anyway. My idea was that we are coming through this April. We are coming to the Baisakhi. **We do not understand the game of the mind. We don't even take it that the mind has anything to do with our life. That is not true. The fact is the physical body can fail, even your spirit can fail. Mind has the capacity to carry both to success and excellence. Why mind was given to us? Mind was given to us when soul was parting from the kingdom of its Lord God the creator and the soul came in the body and soul understood the beauty and the joy of the experience which soul has to go through. Soul said to God. Suppose in between this time of this breath of life, I want to receive thee. At that moment God gave the mind. He said, "This is the instrument which can take you as far away from me as you want, as near me as you want. Mind has a capacity above time and above space." Other than the internal God there is a mental energy which is above time and space. Everything else, "Jo so bin sah." All that is created shall die." One thing will never die and that is the mental excellence. And those men in life poor or rich whom you call messengers of God or prophets or avatars, God knows what you call them. They had nothing special in them except they led you to believe that there is a human pathway to mental excellence. And what is mental excellence, when you see all in very small.** Actually basically Shinto religion is just like that. There is only most beautiful analytical scientific religion and it is a Japanese personal emperors religion. It is very boring. I agree. It is highly elaborate like Judaism. It is very concrete, like Christianity. If you don't believe you go to hell. It is very exact like Islam. There is now way out. I mean every religion has just a facet. But it has that in it. That in the blade of the grass from its colors when it is not that green it is literally yellow to that when it becomes green God exists itself. And you are not only to believe it or acknowledge it, you have to experience it and that is a hell of a job. Ordinary person can't do it. That is why it became only emperors religion and everybody else got to Buddhism. Because in Buddhism truth is, truth is not what it is not truth and truth is not what truth is not, therefore not truth is that what truth is. So you do not know what I am saying. So that is how it is. God is, no God is not. No. God is or God is not. No, no. What no, no. No, no, no. You know it not here, I cannot sit and talk and make a mockery of religion. I am a very religiously rebellious person. Most practical rebellious person ever God could create in last past three and a half million years. And when I used to be invited. Perhaps that is why nobody likes me anymore, but when I used to be invited into this religious dialogue. Oh God, I will wet their pants you can't believe it. And the funny part is that I will never talk like a very wise man quoting wise things. Never. I will say very little things in a very little and they will just berserk. What is it? What is it? I said, "Nothing. All I said is." Like lets put it this way. It is very funny what I am telling you. There was a huge conference in Rishikesh where every religion came to play their number. You know. It was very heavy stuff. So one of them was father, padre and he was fanatically acknowledged of every religion and he proved in conversation without Jesus Christ there is no savior. And in luck would having it while taking lunch, he sat next to me. I mean it was his bad luck not mine. I mean I had absolutely no planning to do that. I mean I was understanding the guy was just rolling around on everybody and even these great pandits you know who thinks everybody is nothing but a mosquito or a fly. That is how they feel. For them even it was impossible. Luckily he sat next to me and he said, "What you are going to speak on?" I said, "Mostly I am going to observe and the last days I have to say a few words on some kind of subject philosophy of life or something. Very boring topic. You know they give us something which they can't handle themselves." So I said, "Okay." He said, "What did you think about what I have been saying?" I said, "You are saying perfect. You are more perfect than I can imagine." He said, "What?" I said, "If Moses would have been here he would have made you as second in charge than Jesua. That is all. That is all I said." "Is it something wrong I just said it." I said, "Padre beg your pardon." I didn't say, I said, "If Moses would have been here, he would have made him his second in charge than Jesua. Did I say something wrong in that?" He said, "I am not a Jew." I said, "Definitely you are not but Jesus was." He said, "What do you mean?" "Can we talk?" He said, "Was he or what he not?" "In the beginning." I said, "That is all it takes." He said, "I don't want to understand you." I said, "Once insane, he is insane all the time. Once wise, wise all the time. Isn't it?" "Was he a Jew or not." "Well kind of but he was the son of God." I said, "Did you read the stamp. Did he have a number plate." "How you can say that he was son of God?" Everybody said he was son of God, everybody is son of bitch what are you talking about?" He said, "What are you trying to sell us? What is this?" He said, "Wait a minute, wait a minute. Was I doing something wrong?" I said, "Yeah. I tell you what you were doing wrong. Because come from a Catholic convent. I know Jesus more than you. You are offending everybody and that is not Jesus. You are walking on everybody's toe. This is not Jesus. You understand." He said, "Oh God, it takes you to tell me." I said, "We happened to be sitting together on lunch. You like it." He said, "No." I said, "I understand. But now rest of the session spread the love of Jesus not that this is the only way. That this, this whole charade I see you are building up. It is your problem. It only tells me one thing. You are the most insecure padre I have ever met. It doesn't make any sense." He said, "You mean what I am saying is not valuable." I said, "Precious but it is so heavy nobody will carry it. They will die under the load of it." I said, "Just spread some humor. Have fun."

I was so lucky today. Dr. Soram called me that watch that show on Oprah, Shirley Maclaine was talking about chakras. And I loved it. If I would have hired Shirley Maclaine to do the job. God I don't have the money to hire her and she was so seriously into it. She said, "I am lucky. I have been around and I have found these three billion are practicing something which is not disturbing them and we are very rich and very comfortable and very unhappy. We have all the things in the world but we are empty inside." And the question was whether you can find God or not, she said, "God is within and without. And just this God outside." Then the question was asked, "What do you mean by that? Are you attacking the religion." **She said, "No, when you pray," these are her words, "When you pray then you talk to God but when you meditate you listen to God and if you do not meditate and practice really to listen to God clearly there will be a mess." And there was a one question she was asked, "I feel." She said, "You get what you project." I didn't tell her you goofed but, "You get what you project or what is the destiny." It is very difficult for you westerner to understand the word destiny. You are very distanced from it.** Therefore you do this hanky pankies. So anyway the question was asked and she said, "I feel my husband is going to cheat on me." And she said a very good answer, "That it is in you separated from which chakra it is coming and which." Because you must understand when you speak you speak with the fifth center and you are not if you are consciously not in fifth center, you are speaking through the fifth center, you are using that a channel. You are giving a party in a friends house. But that is not your house. So you are coming from first center or second or third, fourth, fifth, sixth, seventh or eighth, where are you coming from. Outlet is this. If you have practice to speak and convince people when you are using fifth chakra, if you have only to use your eye and the fourth center then you won't speak, the you will look and it will be done. And if you happen to use the sixth center then when you walk in your presence will work. You don't have a trouble in the world. And if you are using your shashara, you don't have even to walk in. If the person just imagines you, it will all work. If you are into your arcline, then a person not even to imagine, a person has just to associate and the line of association is, "I am Thine æ God." The God says, "If you are mine then thine is mine." God cannot say I am yours. You must understand the language. Do you understand what I am saying. God cannot say I am yours. God says thine is mine. Because then you become God. Then is mine is... Problem in the Western World which you have it is a very freaky problem is that you want to love and you want to be loved. Is that true? Am I right. Come on speak. Your tongue got stick when you wanted use it. Is ten dollars too much? Get it back if you don't like it. When you walk in that door you come here and you must understand something. Here you come to achieve something not that you don't have it. To refine in you. So anyway that experience in us that we pray is to pray to God now whether our mind is behind it or not that is proportionate power of the prayer. And when we meditate that is to listen to God and whether our mind is behind it or not that is proportionate of our meditation. Why we practice it? We practice it to just be expert of it. What they call it? Special. Specialist. **So to meditate is to listen to God's will and when God's will one can listen then every other will listen to such a person. It is catch twenty two. It is not a bad ball game but it looks really bad. Why should I listen to God. What about me? I am created by. Have you seen? This is a Jewish situation. God created me in his will and this is it and I have to do it. And the Christian thing about is I am nothing and I am just born in sin and dirt and it and pit and rit and God has to do everything and I have to give myself to God. Where God is neither he knows nor an body else knows so it is a gimmick which we play. Actually everybody actually uses religion to play their ego. Nobody uses religion for reality.** That is why a Christian won't sit with Seventh Day Adventist. Between the Christianity there are groups. And between Buddhism there are those who shave their eyebrows and those who don't shave their eyebrows. Those who walk with the umbrella, those who don't walk with the umbrella. There are groups, based on these things. I am not kidding. I got more enlightened by becoming a religious than actually I was. Because then I was in the industry. You know what I am saying and when I got into the industry. Oh God. It is just like you see. You are hungry to death. What you call you guys when you are hungry. Starving. I am starving. When you are starving and you see a big, beautiful cake sitting on the table and you want to grab it and the house mistress or the lady of the house says, "Oh by the way this is my dog poop for the doctor to test. Please." Did you hear clearly what I am saying. It happens sometimes in that white silver thing to take a sample to the doctor. Sometimes you have to do that. So took the whole thing, put it on the table. She didn't wrap it up and you think it is the best food in the world. You are hungry. You are starved to death and she said, "Wait, wait, wait, wait." **You understand that is how your situation is. You know the truth and you have the urge to find it but you do not have the will to find it. And that is your free will. So my idea is to rough you today. We will go three ways.** I do not know on the weekend I will have time but I wanted to prepare you for that next is my Baisaki day. That is where I teach. I am going to teach you. **I am preparing you to the silver grain to the golden grain and to the platinum grain.** You might not have heard these words. But that is the way I am going to put you through meditation and put you through those trances to feel and figure it out. **It is not that your problems and your pain and your disease and your discomfort should be less. That is not the idea of life. Rather if you have more problems, more disease, more discomfort, highlight poverty, it has challenges.** They don't mean anything. Can you convert it, can you convert the atomic energy for peaceful purposes or do you convert the atomic energy for a war? There are two words folks, construction and destruction. How you want to use it that is your free will. Beyond that you don't have anything. But it is the same energy. Love and hatred are two sides of the same coins. You don't get your way, you hate. You get your way, you love. Got it. No you don't like that. You don't love to love. You like the romance better. That is the tragedy of it. Gimmick is in that romance.

Gives love, doesn't. Are you kidding. **Once a person is in love, God becomes the servant of that individual.** Do you hear me? All those who are in love and talk about love and think about love and claim and whatever you do. **Let me tell you something one test of love. If a person has an iota of love or is in love an iota the almighty God, the creator of this infinite universe becomes on instantly that person's servant. Because that is the one thing God loves to serve that guy who can be in love. Your love is whether your harpoon is in the navel point of a person or is into the heart of the person or is into the head of a person. Did you get what you want or didn't you get what you want. You understand what I am saying. The only juice in the whole thing is the romance. The understanding, Oh she loves me, oh he loves me. The understanding, the thought of it is not the rain and the flood, it is the clouds you love.** The idea. What a person gets here in United States in welfare, is the annum income of a richest person in third world country. Whatever you leave and you don't eat if that all is put together one third of the world which goes hungry every night can be fed. You are the most wasteful, arrogant and ignorant people on the earth. Very happy. And that is what Shirley Maclaine couldn't say. Because she want to be positive. She doesn't want a criticism. **Whenever your mind will open up your meditation, life will look to you like little thing. God which cannot be seen is seen, heard and known, and serves.** And I will tell you a story of a very arrogant farmer boy. He was a farm hand. Dhana was his name. Dhan means great. So nobody wanted to call him great because he was a poor so they twisted his name into Dhana. Who is not dhan. Put na with it. So his name was Dhan Rai. What they call it dhana. It is not great. So he was a farm boy and the pandit, the priest of the village was going on leave for a few days with his wife and he called him, he said, "Look Dhana, my dear boy. You have got to understand. These stones, these stones are thakkurs, they are gods. And you know thakkur stone is very clean, simple, very shiny stone. No big deal. So he said, "What you have to do?" He said, "You have to get up in the morning. You have to get up in the morning. You have to bath them and then you have to decorate them and you have to put a sandalwood on them and then you have to prepare meals and then you have to bring the meals to these guys and if they eat and after that you can eat. Understand." He said, "Okay, perfect. I understand." So the pandit left. Next day Dhana got up, he took the thakkurs, put them in the bucket of water, give them quite a rub and a good bath. And then exactly what he was told he decorated and installed them on their thrones, on the altar. And after that he went and prepared food. And brought and sat there and said, "Eat." Now tell me on the earth how can a stone eat?" The pandit would give little to the stones, touch it and then after that he eat himself. They all do it." But this guy stuck to his guns. He said, "No you come out, eat and then I will eat." One day went, second day went, third day went, he didn't move. And each day he became more solid and more meditative and more conscious and more determined and the pain of hunger and the nuisance of the environments could cause. Finally a little hand ot of the stone came and wanted to touch the food. It caught him and twisted him. He is a farmer. He said, "That is like a thief. Come out fully if you want to eat and act like a God. Learn first time. That is too much. Come out and sit like a God and eat like a God. That is Godlike. Not this taking hand and stealing it food. In whichever imagination he thought the God was, God appeared, ate it. He said, "I love you." He said, "Wait a minute. You have made me hungry so many days. What wrong I did? You were helping Pandit every morning. I am innocent farmer kid. I washed you so. I rubbed you so much. I decorate so good. I prepare good food and you didn't come through five days. You know and then what this sneaky thing that you just came out and just wanted to get back. I don't like this kind of thing. He said, "Dhana your will shall be my will. Forgive me for that." Still in the end that village, the mudge pies, cow dung chapattis if they put them at night they get totally ready to cook next morning and people cook free. Nobody knows from that day onward, who brings food, where it comes and why all people eat and it is still going on. It is a mystery. It is unsolved question. Nobody knows why. But still it is there. I couldn't believe it myself. But this goes on. So what lives today. What is this town name? What do you call it? Los Angeles, right. It is in United States. Right. That thing happened in India somewhere in the state called Rajastan. You understand. Still people repeat that story. Here, there, everywhere, it is as new as it was. It shall live. It is not that Jesus Christ lives. Or that Jesu, Jesu Ben so and so. That doesn't live. It is that mental clarity, that light, what is left for a human to follow. That lives. Nobody followed the prophet. Everybody followed that hope. Because it happened so it can't happen twice. Religion is a big drama, it is a big game, it is a very, very unmanaged industry. Lot of pitfalls but the philosophy is beautiful. It is very difficult to drive by Highway One but it is a scenic route. So there are no two opinions. So tonight we are going to go through meditation. Some of you won't like to do it so you can sit or you can leave if it is too boring or it is not right but don't test your sweat, okay. You know what I mean. If you have done a mistake to come and it looks like unbearable then it is unbearable, hallelujah. **You don't have to push yourself into it but you want to go deeper into your meditative capacity then come along.**

We will try to do as much as we can. All right. Then set yourself up and sit properly and let us do. **Make it sixty degree.** This is my simple right hand. 38,42 **16 minutes Two fingers cross sixty degree. Two fingers. This is over, this is how it is. And sixty degree from your armpit angle. I don't have a 'square to come and measure your armpit and your angles but if you have a sense of geometry just see that it is sixty degree. And now what is left with you.** Some hand got left. And this is it. Now vibrate



Righth fingers Ego-Saturn Stretch the armpit at sixty degree

Left hand Move, vibrate hand on your heart center

it on your heart center. Actually **vibrate. See that you don't touch your body and you vibrate and play it between your chest and breast whatever the situation is. That you vibrate the electromagnetic field. Close your eyes and concentrate and vibrate and keep your hand at sixty degree.** If the degree difference will be more than ten number your vibration will not be real. You will feel shallow. So your free will is ten degrees. In other words between fifty and seventy is cool. God I have learned so much with you guys. It is fun. Sometimes I feel I have overlearned. But it is okay. Okay. Vibrate, vibrate and vibrate really heavy. **Now your nervous system will become your enemy number one. Your body will start hurting at different areas.** Not where it should. That means energy is blocked in certain chakras and whichever chakra it has an inferior flow it is all connecting organs will start letting you know. If you are a female and you have a breast you have a lucky situation because you have an arcline there therefore just move your hand in the center of it. If you are a male you don't have that arcline, you try to vibrate fast and heavy you will have the same result. In this meditation and this exercise female has an edge over male so you are handicapped so therefore try to cover that by having a fast, heavy, tough, macho movement. That will cover it. Fast, fast, fast. **(after 2 minutes)** If you are uncomfortable **in breathing breathe through the breath of fire, breathe through long, deep.** Ultimately you will have your special breath. Sooner or later it will come out to you. Rate of breathing will be calculated by the process of your state of endurance. You know we have got to dig **silver through its grain deep in the earth.** Mining is a very sweaty job, remember. You have come to mine today. You love silver but you don't want to mine it. Huh. Move. **Problem is not with you. Problem is your sixty degree.** Do you understand, with all your education, going to college, doing degree and boasting to everybody you do not have the difference between sixty degree and eighty degree. You know what sixty degree is. It is not too high, not too low. It hurts. One thing about this sixty degree, it shall hurt like in hell. If your armpit is open at sixty degree and you are pressing your sun finger under your id, the thumb and you are honestly vibrating at your heart center it will hurt like in hell. I mean it. I have done this exercise so I know it. There are no two opinions about it. Now you ask me how I sustain myself. I won't tell you. Why you just learn by your own experience. Concentrate, pray, meditate, ask God to come help. Ask the ancestors, ask the pets you have got in the house, tell your cat to help you. Doesn't matter to me. When you have got to seek help is on the way. You know there used to be a funny commercial on the television. This little guy starts sinking. First he was crossing the ocean on a rooster, and his roosters feathers get wet and he started drowning. He picked up the telephone and he called and US_ Navy came to his help. Remember that. I don't care who comes to your help and how you call it but keep going. It shall hurt. And that is one test of it, you are doing it right. Now here, poor and rich, healthy or unhealthy, great and small doesn't mean. Question is who has the practice to combat hurt and who doesn't. Fight it, fight it, fight it. You have eleven more minutes to go. Well, what do you mean I am teaching a joke. Is it a meditation deep silver grain and all that. You mean it is all made up. Ha, ha, ha. You thought you come here for a birthday cake everyday. Wow. Hallelujah. I can't understand it. Come on. Keep going. Keep it sixty degree and just prove it to yourself that you can make it. You know the one most beautiful thing in the Catholic religion is, God is in a box. You open the window, you tell the God, he gives you a Hail Mary, matter is over. But this is the real Hail Mary. You know if you do not know the religion you can't talk about it. You can say in your mind, father, father, I have sinned. Come on, come on if you

think I am going to give up before the time it is not possible. I am just on time schedule. And don't cheat. Self cheating is not a good idea. You have sinned, you do it now, therefore heavens shall not punish you. You understand. Am I laying the guilt all right. Does it sound correct? Let the devil not get you. I have not watched those channels for a long time but I think I am very much in good spirit today. Learn, get the devil, devil has many ways to cheat. But Jesus will come through anyway if you really trust it. Therefore keep it wide open at sixty degrees and vibrate and welcome the coming. Am I right? Sounds good and you have six more minutes to go. Come on, vibrate heavily. Hey there is another trick. If you vibrate heavily and faster, that other hurt will become comparatively less. Everything is a comparative so don't worry about it. Now who wants to be spiritual if you have to do all this. You know how you want to be spiritual. When you are eating your pasta you should be enlightened. Really. That is how you want to be enlightened. And beyond that forget it and the test of that enlightenment is that hotel or restaurant should not give you bill. And pay you fifty dollars for visiting because you are very divine and light was so true. Come on, move. You know what I mean. You are just stuck in that kind of man pray to God, pray to God, god says, "What do you want?" He said, "God I want seven tons of gold." He said, "So be it. Here it is." He said, "But I want a second thing." He said, "You never asked first." He said, "I am asking now." He said, "What is this? Nobody can steal it away from me, separate from me or take it away from me." He said, "So be it." So with seven ton of gold how can he move? He still is sitting in the back selling ton of gold. Move, keep your elbows straight. Don't cheat. You want to know who cheats. Look at your elbow. It will tell you. Thy elbow shall speak to thee. Thank God when I used to twenty years ago teach you never came to my class. You would have been different. Come on, come on. Got to do it. Now really time moves very slowly. What is wrong with this watch. Hey hurry up. Four more minutes no big deal. Really four more minutes. Moment you will hear nine o'clock don't bother me. Come on, hey wait a minute. What is going on. Vibrate. That is good. Keep going. Little things I understand bother you these days. After this there will be no trouble. Once you go through it small things will not, you will not even care. You will never say it hurts me. Some people cannot get acupuncture. The needle bothers them. Forget about touching it, if it goes they think a bullet has gone. But look at that guy who got forty five, six bullets in it, walked into a hospital, sit in emergency and say doctor it is here and here and here and here and take it out. You have three more minutes. Exactly. Nam Nidhan what do you think accounting is. Right now count your angle and count your. Now do it at least, now get into it. You do not know after that the joy will come. It will be quite good. Come on. Really create that tension. Hey leave the pinky straight, don't bend that poo thing. We don't want mercury to come along with the sun. It creates a fuss. Hello. Which is the first star near the sun? Planet. Mercury. That is why I think the pinky is next to the ring finger right. Come on, hurry up. Hey you are doing good. It is one minute and forty five seconds more. I am now looking at the last second. Now do it heavy duty. Come on. Accelerate. Minute and a half. I can't tell you to stop until you hear the nine stroke of the heavenly sound. Do it good. Do it enough. I think you are almost cooked and enlightened right now. Now folks let me tell you the bad news and good news. Bad news is that this is the last minute. And good news is and there_ are only forty seconds to go and situation is that this forty second if you have cheated all along do it now to compensate. Now tell me. What that thing in the armpit can do if even you use it three times. Solid. Move. Faster, heavier. You have only twenty seconds to go. Fifteen. Come on clock, ring hurry up. Put your best. **56,35 Inhale deep. Inhale deep, inhale deep.**

4 ½ Stretch the armpit all the way at sixty degree. minutes: Put your hand and press (left hand) at your heart center as powerfully you can, hold the breath. It is a priceless breath. Exhale quick and inhale quick. Great. Whenever you now cannot hold, exhale and inhale quick at your command but hold to the maximum. And don't over-exercise or overtax yourself but don't cheat either. Do it right. Keep your arm up. Practice now the breath. It will change your entire metabolism. You have the right to kill the diSsease and do it now. It is called silver lightening. **Come on kids healing is now started. Press that hand on the heart center as powerful as it should be. Breathe in and hold to the maximum and let it go when you can't and breathe in quick.** Sit with it. We understand that is how they talk in hell. Wow, they say in heaven. Both cry. No difference. Come on, keep the elbows stretched. Doesn't. I know it is painful. I have done it myself. But it is not as bad as angioplasty is. Be great masters of your own destiny. Hel your body today. **Breathe hardy, hold it. Hey it is not a big deal.** Oh my God it is going to be soon over. I understand. Don't miss the boat. Meditate, concentrate, pray, do whatever you can. Even do Voo-doo doesn't matter. But hold on your grounds. Stick now, stick with yourself. Help yourself, love yourself. Do it. **Conquer. Conquer. Conquer pain.** Win in experience. Fear shall leave you. That is how it. **You have only minute and that is the last minute.** You can try your best. Don't give up now. You have done all the way. You have been very nice. One minute is left in all this. You know three minutes we are doing, not big deal. Come on now. Oh God. Come on. You have exactly thirty and forty seconds to go. Thirty seconds to go. Take that last breath. Take an experience that you have won it. Get to point of victory. Acknowledge it. You have fifteen more seconds. Try it if you have failed so far. Make it happen. You have exactly five seconds. Inhale deep, deep, deep. Hold tight, hold tight. Let it go and relax.

1.01,07 Well kids you did a good job. Now if you have done any part of it, I don't want to have to tell you, but what result shall be, I can give you that. Whenever you will confront a most painful situation in life, you don't have to speak one word, just as you concentrated, concentrated will disappear. There is nothing God. God is just an idea in thought and it is a sellout in the spiritual world.

It is that arcline which is from your earlobe to earlobe and female has earlobe to earlobe arcline and an arcline through her breasts. That is the difference between male and female. Men don't have it. Female do have it. That may be God was thinking that she is going to be a mother and she is going to be a guardian of another life, she is going to be nurturing of the other life. He gave her the extra energy. But as in this you have concentrated which you are going to do now. Just concentrate. Now what we are going to do is we are going to lock our fingers like this, **11 minutes; sit like this and we feel earlobe to earlobe we have a silver halo.** Call it imagination. Call it metaphysics. Call it religious, call it a gimmick, call it nonsense, doesn't matter to me. But just do that. 1:02:33 **Sit down, close your eyes and concentrate on me through closed eyes. Now link up. And see you have a beautiful, beautiful, silver, bright halo. Halo from earlobe to earlobe.** [play I am Bountiful] That is what all this turban is about. It is not that we are selling boutique to you and you have to buy a cloth from us. Nobody wants that. Neither Jews wanted to wear yalmaka, nor Christian wanted to cover their head and not let the woman enter the church and blah, blah, blah. All those rituals had a very powerful, deep spiritual meaning. But we lost on the way, that is the way we went. We will play the music to give you an idea of excellence but just imagine you have a beautiful halo from earlobe to earlobe. And you are healing and you are shining and you are bright like the full moon of the fourteenth night. Bright, brisk moon of the fourteenth night. (Bountiful, blissful, beautiful is played.) Deep meditate. Deep. Let the silver lining reflect. Just remember. Remember the moonlight. Meditate, meditate. Reflect the moonlight. **Inhale deep, exhale. Shake your hands.** Some of you are too much into it, and some are just doing very well. We don't want this too much business because we have to stay here. You know what I mean. **Shake your hands, shake well. All right move your shoulders, little rib cage, little seat, stretch your legs a little bit and just clap a hand with the nearest partner.** Not with your hands, with the somebody. Just shake hands with the nearest person.



All right, all right, all right good. Get back to the position again, back again, as you were. Start. **You must know in a instance you can change the gears.** Back meditate. Now exactly reflect the moon arcline which you achieved which I saw. Get back again to the same status. That is why they say never trust a spiritual teacher. That is what it is. **I was jealous. Reflect moonlight in the halo.** You are doing good. **Keep the spine straight. Let the serum change, let the grey matter convert. Come on, let us heal. Solid rock, like a shining moon.** Don't move at all. Keep a status of unisounness. You are getting very good and I can't tolerate it. 1:17:35 **Now wink your eyes, fast enough, open and close please. And shake your head all of you. Shake it up, shake it up. Just like that crazy head they call it. Shake it, shake it. Oh good, good, good, now what you have to do is I say one, two, three you get back into the same status.** You understand. You know what I am saying. Meditation is not a jerks joke. **Meditation is when you want to go into it at your command.** They call it transmission gear five. You know what a transmission gear five is, one, two, three, four, right. This and that. Then the reverse. But when it is a five gear situation it is one crick, click. Have you seen that. Then all four wheels come into gear and the things pull through doesn't matter what. **Meditation is a power for the fool.** To make the whole world cooled right. And that is the school. Come on now. Now what I am going to do is say one, two, three and he will play and I will tell him to stop and you have to come out normal. And that is how back and forth you are going to play. Now gear up yourself to that point. At this time you are winning but you know final word has to be with mine. You know what I mean or you have to become super. Just remember a spiritual teacher has only one ego if at all he has that his student should be better than him. Even he fails his student should not fail. Nothing else, nothing can please real one. Other is bogus. That is commercial. All right. Quick. **Okay stand up.** You are so good. I can't believe it. I have to believe to believe it. I can't. In one second. **Jump up. Circulate, circulate, circulate. Circulate, feel sexy. Circulate.** All right **sit down, sit down, sit down.** On. Tune in deep fast. Just keep the spine little straight. Deeper, deeper. Stop. Shake up your hands. Open your eyes. Look at me and acknowledge. Right. Start. Thank you now we have to come out of the whole lot. Okay now please relax now do what I say. Now what you have to do is you have to chant with it, but you cannot chant, clap your hands in the center. Don't do this mistake. You will blow it up. So you have to chant



this way and that way. You follow what I am saying. Okay. That is all right. If you just do it once just for curiosity sake like this, that is. You didn't come here, you didn't do anything, it is all out, gone. That is what it takes, just one wrong move and it is all over. So what you have to do is you have 1:28:40 to put your hands here, and clap it here, first clap it on this side, this is left, here and then here. Here and then here and here and here. But under no circumstance if I tell you do it like this. Okay. **Put that tape on and I will stay start you meditatively start doing it. See where we go. Nobody knows what we are doing.** Where is she. (Give me the wisdom, give me the courage...)Very good,

very good. 1:30 Relax. Shake your hands. Very well done. Very well done. Now we have to seal it and that is a very painful process. What should I do? I don't know. The whole thing is wrong or we are wrong or somewhere we have to do it right.

Okay we have got two hands. Understand and you have a point called belly button. You know that point. I am going to play these drums and I am going to create a two and a half cycle rhythm which is very beautiful if I get into it and you have to exactly create that sound at the navel point and if your energy will just hit one beat right with my beat you will have an experience and that is how cheap it is. And some people have done ages, and sat down at the lotus feet of their master and they are still as empty as the empty bamboo stick is. You have got it. It is chance we have got to make it tonight. You know where the navel is, find it out first. You have a navel somewhere and don't just start beating your stomach and think it is a navel.



Navel is a navel. This is mine. I have got it. And this is how you go this way. Hey this hand has a power. Right at the hand at the navel point. Don't worry, rest is all there. (SS" plays the drums) Now shake your hands and move the body. Let no part of your body. Even the toes. Move them between themselves. Just move every part of the body. Just relax. Let the energy spread. Wherever it spreads it will be healing. See that no part of the body is left and especially if there is any part of the body you feel uncomfortable, put your hand on it and massage it now. So now you can talk and relax and do whatever you have to do. Just communicate, communicate I mean. Let us sing the birthday. Two people have birthday. One is you, where is the other one. Let us sing

to them birthday folks. May the God within, God without, the creative, uncreative, supreme and small, all create powerful prosperity, peace and tranquility trust and faith and the future may be bright and beautiful for all purposes of life. May we walk in His light, become His light and be his light. Sat Nam. Thank you for the tonight and we will be meeting tomorrow. Is that true. Tomorrow we will got through the they call it golden trail or golden grain. We will mine it out. It is mining the mind, it is no big deal. And we will prepare you for that. But week later the course will be heavier, it is just a preparation. It is not something very real about this. But **tomorrow if you bring your own lemons with you and something to drink so that when we finish you have a. You have to get not that some people are crazy, they bring vitamin _ and all that. That doesn't work. Bring your water and lemon with you. Or juice it up and put a water into it and plug it and come here and when we finish you need it. It is very good. There is called kidney meridian. It is very important among the Chinese.** We have got to hit and believe me or not folks, lemon does it. Normally in the Oriental world when they meet a great master they do not give them the gold first as a present. They give him a lemon, but when he goes and retires and sits then they bring him the gold offering. To normal then they will give the gold at the spot when they meet. So that is the difference. Oh that is the cake. You believe me. Is that good? We never expected it but thank God God bless birthdays. Cake. Intellect will give you doubt, intelligence will give you action and reaction. Faith will give you victory. And there is no other way. You remember there used to be a teacher who said, "Faith moves the mountains otherwise stones are heavy." One day my wife had a big fight with me she said, "Are you going to do it or not?" I said, "No." She said, "Why not?" I said, "Because I am a man, don't you understand?" Got out of it easy. That is the best excuse for a man. I am a man I can't do it. And they can't. It is true. I mean you are asking moon to be hot like a sun. It is impossible. Or you are asking sun to be cool. Just what is in the heavens is below. You are expecting something according to your western geography. That is not what nature is. Men are men and men are men. So what ladies you are going to do. Choke them to death. All right with very. You know they are killing those rhinosaures and those baby deer's what they call them, they are very special deer for the word I cannot pronounce in English, Aphrodisiac, something I don't know. So what we decided, we mix it together a very, very old formula we called it a cupid horn. And what we are going to. Why should you be impotent and why should we kill animals for nothing? We are vegetarian. But what will go for a cupid heart one, cupid heart double, cupid heart triple. We will go three ways. Who cares. And we will see you big Americans when you have one drop of cupid heart three how you be to be. That is the test. But we are calm and quiet and peaceful. We are going to blow the mind of this United States and two hundred and fifty people. You know they talk all about sex, sex, sex, we will see, how sexy they are. Are you kidding. Watch out. One drop and after that you have telephone fire brigade. Yep. These men playing, every woman is in a real cry. This whole country is so, unfortunately am a holy man I can't teach you the science of sex. It is not expected. No, no, I am a holy man for all good purposes but for religious purposes there is a restriction and a profile which I have to follow. Otherwise I can swear. I swear you definitely I am sixty years old, I might be lying all my life but if ever I have spoken a truth this is it. You do not know sex at all. Not at all. You do not know anything about it. What you know is what I know and it is called steam engine age. I am not saying anything. I am not using any word but that is all you know. Honest to God true. I swear. God if you would have known sex you would have been the most happy, creative individual and your children should have been nothing but angels. If you just have known something, little things. But I am not going to teach about it. It is true. It is true. Tell me what is a white pit. Anybody know. What you mean in sexual science, a white pit. It is definite word. You are psychologist, come on. White pit of a state of a female interlock of the pelvic area when the center of the butt becomes exactly white and flawlessly without blood circulation and when she interlocks to that strength do you understand what happens. The entire spinal serum changes like a rhythmic lock and that

optimum point is females brightest, most beautiful and elevated state of consciousness. God didn't make a woman just to be jerked around and use her like a door maid. And I don't like her, her chemistry is no good, her geography is no good and when she gave you children, gave you home, gave you a life, when you jerk around and you get fifty percent, I get fifty percent. This joke which you are doing with your children makes me sick and sad but anyway I have nothing to say. I came in here just to love you, I didn't come here to teach you something and force you to do. And when somebody tells me, my chemistry, our chemistry. Now look at this, our chemistry didn't tell me. Our, the very fact you say our, forget the rest of the sentence. But we do fight. We do quarrel. And then we do separate. We create those vibrations. And this summer when I am going to teach the Women's Training Camp, I am going to let them really experience how a female can totally go berserk and angry and ready for a divorce and within three seconds how she can be lovey, dove y and passionately asking for it. And it all takes nothing but a simple shift of a situation of the glandular system. It is all game of glands, glands are the guardians of your health and it is the whole behavior is nothing but a glandular game. Nothing. Nobody is insane. Nobody is wise. ; total thing is a glandular game. Glands are the guardians of your health. You have the western teaching. Rosakrishna, what they call them. Yeah, they have a book out eighteen something, glands the guardians and all that. You should go somewhere, read those things. You are not going to learn today. You say to me that American doesn't have a knowledge but it was given to this guy this sleeping prophet, he totally became Christian and laid it all under smooth, he didn't want to be crucified. It is now we are a little bit free we can talk as we walk, otherwise religion has a very dominating force. I mean I couldn't say not to them to accept that religious title. I wished that day I should have been sick and laying down in Nanak Nivas and not come through. But I couldn't do it and now I am stuck with it and there are certain things I can't do but we will find a way. We can work our way through, but you do have a capacity that God wants to come through you. Not this little God, the Almighty God. And you have the capacity the son of a born, God can born through you and if that is not possible you can have many, many ways to adapt it. You can through service, through love, through prayer, through birth. ; female can create God in four ways, man has to become one. Poor guy has one chance, one against four. I know the pain. Because I really, I am not unhappy now, but I know what pain and unhappiness is when you work under a teacher like the kind of teacher had. I mean you can't believe what he can do. Going through a market place he said, "Walk on one leg. Get into a tree posture." Can you believe me getting into a tree posture walking through the whole market. I didn't understand and I said, "Was I right?" He said, "I was practicing whether you practice tree posture or not." I mean to say remember I was Prince of Wales and those people will at my sight will get up and bow and may not look. That I have enjoyed and he is sending me, walk through here in a tree posture and then walk in front and not even bother to look. I mean there is not even a satisfaction that he is looking and I am doing something. It is totally terrible. You know what I mean. And in the end he will say, "Okay now walk straight." And I said, "Was I doing right?" "I just wanted to check whether you have some control or not." After walking half a mile in a tree posture through the main market he just wanted to see I have a control or not. But I am grateful. He rubbed my bones to the point that even my marrow is grateful to him. That is all I say. But for his love, his enlightened sight and his affections goading me to death, this wild animal would not have become yogi doesn't matter what. My each part of my breath and my soul shall be grateful to him and still that is not enough. I always feel. This morning I was lying down on the bed and looking at the Golden Temple which they have put before me and I was looking at it and I said, "What a karma. I will sit in a living room and Golden Temple is lit." I said, "Here is lit and then I closed my eyes and I saw a lit inside and then I realized who taught it." I would not have walked into those alleys ever. I would not have touched those horizons. God would have been meaning to me just a cog. It would not have meant what it meant today. For giving me that microscopic and telescopic eyesight. I am so grateful to this human. Because God cannot create another God, but a saint can create another saint. And I feel very blessed and I hope one day some of you will follow and track it out for your sake. You know in western mind to obey is a slavery, to obey is giving up your will. To obey is you are stupid. To obey is because you are nothing. To obey you are china cool man or you are coolie man or you don't have a china man chance. You have all languages. For us oriental obey is a courage, grit, intelligence, put together and it is a victory. The artists job we obey and we perform well, it is just an experience of success. In Oriental it is not love and relationship. It is you don't let it go. You don't let it break. You don't let it fall apart. No, no. It is all plus, plus, plus. You know what I am saying. Your chemistry doesn't meet we create the chemistry. You can't understand reality, we are the reality. There is a whole different science. There is a whole different dimension. There is whole different idea. You have to understand what is happiness? Happiness is that tranquility, that joy which you get in success. What is success? When you make it impossible, possible. That strength in you. You know what I am saying. It is not how good he fought, how good he defended, how he led his army. No, not at all. It is that turn when he brought two wounded soldiers on his body, back to health and he conquered the invincible post and he led his men right and and and. What do you give him? Congress what is that blue. Congressional medal of honor. What is that worth? Twenty dollars, hundred dollars, two hundred dollars. It is not the dollars. It is not that metal. It is not that whole thing. It is America. America is that doesn't matter what I am victory is mine. Predetermined conception of acceptance in obedience. America is not what you and I think. America is not how many Vodkas you drink and how many Bourbon on the rock you did and what party you did and what dance you did? That is not America. America is there is no defeat even to talk of. America is Tora, Tora. When the Japanese attack Pearl Harbor the Imperial Guards said, "You have awoken a line which you will never sleep again." That is how the enemy said. You know.

Don't be American. Try to be the American. You remember when we fought the Redcoats with broken churidars and torn pajamas. No, yes? Do you know what our state affair was. On our bayonets there was so much eyes and in our hands there was so much strength we couldn't strap it. I am not born of this land but I know the history of this land. You know how strong we were. On our bayonets we have eyes and in our hands there was not strength to stop it still we fought. And we won. You walk here and your car doesn't move and you start yelling and screaming. Remember the drummer who kept the flag and the drum at the same time and kept walking when there was six bullets right in his chest. And what made him not to fall because somebody didn't pick the flag and when he set flag he didn't walk even one step. That is America. That means walking dead. We will talk tomorrow. Good night.